

22nd Annual John Dick Memorial Crusty 50k Run

Date: Saturday, February 6th, 2010

Time: 7:30 a.m. (course briefing at 7:15 a.m.)

Place: Mackie Group Picnic Area – South Unit of the Kettle Moraine State Forest (on Hwy ZZ, between Hwy 67 and Hwy G). **Parking is limited, so please car pool if possible.**

NOTE: State Park sticker is required for parking, and is not included in the entry fee. Stickers will be for sale at registration if needed.

Description: Primitive trail run with multiple loops or out-and-back segments; course layout will be determined by trail and weather conditions. Participants should be experienced and accustomed to winter trail running, properly dressed and prepared. If you DNF, please notify the aid station and finish line personnel.

Aid Station: One manned fully stocked aid station; an unmanned AS will be added if needed, so that aid is available at 4-6 mile intervals. If you have a drop bag, it will be transported from the start to the manned aid station.

Perks: Heated shelter at start and finish, with food and beverage for all entrants after the race (bring a treat to share if you want!).

Awards: Traveling plaque to first male and female finisher only.

Results: Recorded and posted on the BLS website: www.badgerlandstriders.org

Entry Fee: \$10 (via mail; mail by February 2nd)
\$15 (day of race)

Registration and entry fee payable to **Badgerland Striders**

SEND TO: Robert Wehner
965 Elmwood Way
Hubertus, WI 53033

Questions: rwehner@hotmail.com
262-370-7270 (cell)

Wavier: I attest and verify that I will participate in this event as a footrace, that I am physically fit and have sufficiently trained for the completion of this event. In consideration of your accepting this entry, I the undersigned, intend to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Badgerland Striders, the state, counties, cities and villages in which the race is contested, and their affiliates, agents, servants, employees, assigns, successors, and heirs or any other sponsors and their representatives, successor, and assigns for any and all injuries suffered by me in said event.

Signature: _____ **Date:** _____

Name: _____ **Age:** _____ **Sex:** _____

Address: _____

City/State/Zip: _____